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Swine Flu Update

First Aid at Work

Free Training Places Available !

Swaledek Fall Prevention Training

**FREE TRAINING  
PLACES AVAILABLE  
NOW !**

Select Health and Safety Ltd are offering FREE training places on a first come first served basis until April 2010.

Courses include both IOSH Managing and Working Safely packages. Call our regional offices now for further information.

**SWALEDEK  
TRAINING**

Select Health and Safety Ltd are now an approved Swaledek awareness trainer .

Call 01302 515120 for further

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**HSE Swine Flu Update**

Employers and employees should always practice good and personal hygiene measures- use a disposable tissue to control coughs/ sneezes, dispose of it appropriately and wash your hands before eating, drinking etc. In addition at the current time you should:

- Advise staff to stay at home if they are sick with flu like symptoms.
- Send home any employees who are displaying flu like signs/symptoms.

**Are Face Masks Necessary?**

The number of people in public places who are displaying symptoms is likely to be limited. Therefore it should not be necessary for workers to wear facemasks routinely when in contact with the general public.

For certain occupations and activities where there is an increased likelihood of exposure (e.g. health and social care workers, HSE's guidance is that fluid-repellent surgical face masks offer a barrier to minimise contact with the mouth and nose but do not offer protection against aerosols. For protection against aerosols a FFP3 mask should be used. A filtering face piece (FFP3) device is a mask certified to the PPE Directive, it provides a high level of filtering capability and face fit.

**Assessing Control Measures in the Workplace**

The Department of Health and The Health Protection Agency, has produced guidance for businesses in the eventuality of a flu pandemic. This information is available at [www.hpa.org.uk/](http://www.hpa.org.uk/)

**First Aid at Work**

From the 1st October 2009 new changes to the first aid training regime have been introduced to give businesses and organisations a greater flexibility. Whilst legislation remains the same, there are changes to the supporting guidance.

**Swaledek Awareness Training**

Select Health and Safety Ltd are now an approved awareness trainer for the Swaledek Fall Prevention System.

This course can be tailored to be part of your Site Managers training day.

Call for now for further information.